WIRELESS CARRIERS TRY TO MEET DEMAND BUT ARE UPGRADES REALLY TO 4G? {page 8}

SABRES BEAT SENS 6-4 GAME PLAYED HOURS AFTER FORMER SABRE'S DEATH {page 17}

'BEG' BALDWIN HAS POINTERS FOR SHEEN {page 11}

OTTAWA metro®

Monday, March 14, 2011
www.metronews.ca

News worth sharing.

KOJI SASAHARA/THE ASSOCIATED PRESS

▶ People leave their homes in Tagajo, near Sendai, northern Japan, yesterday, after Friday's catastrophic earthquake and tsunami.

Desperate to connect to Japan

Japanese officials say death toll likely to exceed 10,000 Ottawa Japanese community organizing donation boxes and a fundraising concert

STEVE COLLINS
@METRONEWS.CA

When last week's massive earthquake hit Japan, disrupting phone networks, it took Yumi Schoenhofer a day and a half to ensure her elderly mother, who lives alone in Tokyo, was OK.

Schoenhofer, a Kanata resident and past president of the Ottawa Japanese Community Association, didn't give up.

"I kept calling and calling, calling," she said. "Always the line was busy, and then, finally, one and a half days later, after the earthquake, I could reach my mother, and while the quality of the sound was not great, I was very happy to hear her voice."

Schoenhofer has managed to contact most of her friends in Tokyo by email and Facebook, but she's worried about one who lives nearer to the quake's epicentre.

"What I'm doing is trying to call her number," she said. "I check my email box constantly and I turn on the TV 24 hours a day since the earthquake happened. I'm so devastated because I haven't heard from her at all."

JOE LOFARO/METRO

"I'm so down and depressed, because one of my friends in the most-hit areas. I don't know her whereabouts at all." YUMI SCHOENHOFER, KANATA

Anyone wishing to donate to relief efforts can do so by contacting the Canadian Red Cross at 1-800-418-1111 or online at redcross.ca/helpnow. Cheques should be made out to the Canadian Red Cross with the notation "Japan earthquake."

MORE COVERAGE, PAGE 4

Neighbours wake to screams

One woman stabbed to death, husband charged {page 3}

Budget passes without hiccup

Little community involvement in police finances {page 6}

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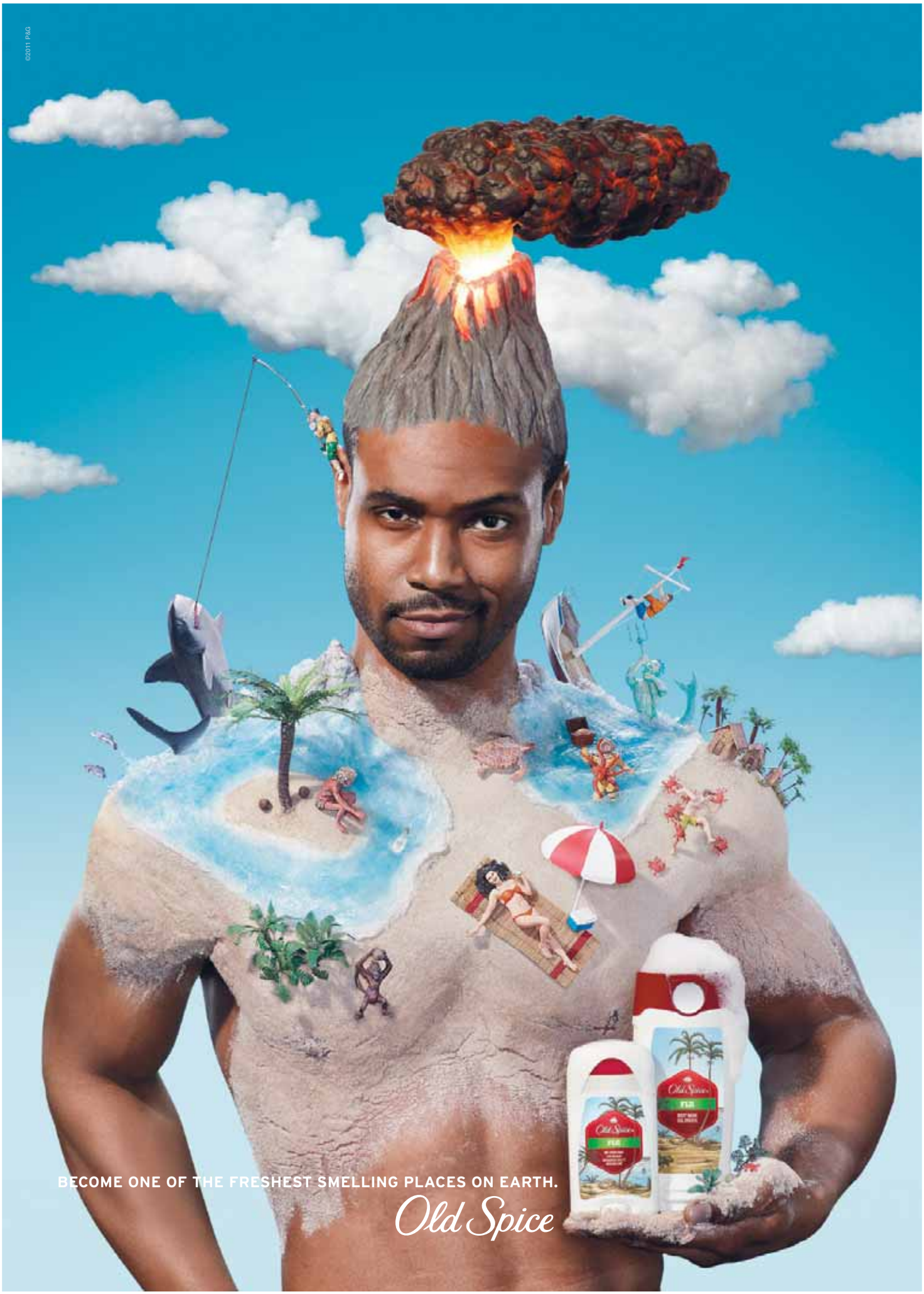
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Man charged with sexual assault

An Ottawa man faces six counts of sexual assault after a series of incidents that occurred in Ottawa between Nov. 28, 2010, and Jan. 2, 2011.

Kawan Yavari, 27, was arrested on Feb. 2 and released from custody on March 2. He will appear in court on Thursday.

JOE LOFARO

Police investigate attempted homicide

The Ottawa Police Service is investigating a stabbing that occurred at 10:45 p.m. Friday night in Ottawa. The male victim suffered stab wounds in the chest and abdomen and was rushed to the Ottawa General Hospital. Police said he is in stable but critical condition.

JOE LOFARO

Resident rescued from burning home

Firefighters rescued the only occupant of a Pickwick Drive residence in Barrhaven after a fire started in one of the bedrooms on Saturday night.

Fire crews responded to the 911 call at 9:28 p.m. and had the incident under control within minutes of arriving on the scene. The Ottawa Fire Service said the cause of the fire and estimated damages are under investigation.

JOE LOFARO

For more news: metronews.ca

MIKE CARROCCETTO/FOR METRO

▶ Ottawa police investigators collect evidence from 11 Spearman Lane in Kanata yesterday. A woman suffered severe injuries at the home on Wednesday, but as of yet, few details have been provided by police.

One wife killed, one barely alive

Charges laid in Ottawa's second homicide of 2011 Carleton Heights woman stabbed to death Kanata woman clings to life in separate incident

SEAN MCKIBBON
@METRONEWS.CA

Ottawa police have mounted two investigations, one that ended with a Carleton Heights man being charged with first-degree murder and another in Kanata that police are saying little about.

Police charged Mihalj Nemet, 56, with first-degree murder in the Friday-morning stabbing death of his wife, Tinde Nemet, 46. Nemet was arrested at his Carleton Heights row house on Fisher Avenue, where police say the incident occurred.

Police were called to the home on Friday morning after neighbours awoke to the sound of screaming.

Meanwhile, in Kanata, residents have been left with more questions than answers as police investigate a separate incident at 11 Spearman Lane.

"We knew the police were there on Wednesday, we just didn't know what they were doing," said Tom Sadler, who lives across the street.

Sadler said he was shocked yesterday to read media reports that his neighbour, a woman named "Amanda," was in hospital with a head injury, clinging to life, and that police have a man in custody. Sadler said Amanda and her husband, "Robert," have a young child. He said the couple in their 20s moved into the neighbourhood about two years ago.

"You would never know that something like this would happen," Sadler said.

Police last night would say only that Det. Leanne Smith of the force's partner assault unit is the lead investigator in the case. Smith could not be reached for comment.

Nemet appeared in court Saturday with his lawyer. He was remanded into custody until his next court appearance March 21. Before the killing, Nemet had been scheduled to appear in court this week on an assault charge.

1 news

Quake-hit Japan's reactor meltdowns raise concern in Canada's nuclear industry. Scan code for story.

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Disaster in Japan and an unexpected commodities pullback may mean a rough ride for investors this week. Video at metronews.ca

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Japan struggles to avoid meltdown

Hundreds of thousands wait in emergency centres cut off from rescuers Millions without water

A 76-year-old missionary from Quebec has been identified as a victim of the earthquake and tsunami in Japan.

Andre Lachapelle, a member of the Quebec-based Society of Foreign Missions, was in Sendai when the quake hit.

Lachapelle tried to return to his home a half-hour drive away, but never made it. He was taken to hospital where he died of a heart attack.

Meanwhile, Japanese officials warned of a possible second explosion at a nuclear plant crippled by the earthquake and tsunami as they raced to stave off multiple reactor meltdowns. More than 180,000 people have fled the area, and up to 160 may have been exposed to radiation.

Four nuclear plants in northeastern Japan have reported damage, but the danger appeared to be greatest at the Fukushima Dai-ichi nuclear complex, where one explosion occurred Saturday and a second was feared. Operators have lost the ability to cool three reactors at Dai-ichi and three more at a nearby complex.

1,500 About 1,500 people have been scanned for radiation exposure. Up to 160 people may have been exposed.

Japanese officials have confirmed at least 1,800 people have been killed by the quake and tsunami that followed, but put the estimated death toll at 10,000. Hundreds of thousands have been left homeless.

THE CANADIAN PRESS

KYODO NEWS/THE ASSOCIATED PRESS

▶ A freighter sits on a breakwater beside a building in Kamaishi, Iwate Prefecture, in Japan, two days after the area was hit by a catastrophic earthquake and tsunami. Friday's 9.0-magnitude quake is the most powerful recorded in the country's history.

Khadr brother should be extradited: Ottawa

A terrorist collaborator is walking the streets because a Canadian judge wrongly decided to stay extradition proceedings against him, the federal government says.

In documents filed with Ontario's highest court ahead of an appeal hearing, Ottawa says Abdullah Khadr should be handed over to the United States to face terror-related charges.

Instead, by ordering the stay, Ontario Supreme Court Justice Christopher Speyer put Canada's security at risk and hindered the fight against terrorism, the government argues on behalf of the U.S.

The U.S. wants to try the Ottawa-born Khadr, whose younger brother, Omar, is serving time in Guantanamo Bay, on charges of supplying weapons to al-Qaida in Pakistan.

Khadr's lawyers argued for the stay on the ground that his self-incriminating statements were the product of torture in Pakistan in which the Americans had been complicit.

In their factum filed last week, they argue Washington's appeal submissions have no legal merit and play on fears of terrorism.

"These proceedings would not exist but for the U.S.A.'s misconduct," they say. "Justice Speyer found that allowing the matter before him to proceed would tarnish the integrity of his court."

The judge stayed the proceedings in August, saying that American conduct in Khadr's arrest and detention in Pakistan had been egregious.

The judge noted the U.S. had put up a $500,000 bounty on Khadr, interfered with his gaining access to Canadian consular officials and delayed his return to Canada by six months.

THE CANADIAN PRESS

COLIN PERKEL/THE CANADIAN PRESS

▶ Abdullah Khadr is shown outside court in Toronto last August.

Confession

- **The American case** against Abdullah Khadr, a Canadian citizen who turns 30 next month, is based on three self-incriminating statements given by Khadr, two to the FBI and one to the RCMP.
- **The judge said Khadr's** confession to the RCMP — made in 2005 — was admissible and sufficient to order his extradition.

Police probe deadly tour bus accident

Police were investigating a bus driver's claim that he was driven off a major highway before his bus slid into a signpole that sheared it end to end, killing 14 people and leaving others maimed.

The driver, Ophadell Williams, told police that a tractor-trailer clipped his World Wide Tours bus as it crossed the city line on a trip from the Mohegan Sun casino in Connecticut. Police said witnesses told them Williams was speeding before Saturday morning's crash on Interstate 95. THE ASSOCIATED PRESS

Accessing info may get pricier

Ottawa could be considering hikes in user fees to "control demand" as it reforms Canada's access-to-information system.

"Canada's fee regime is ... outdated and does not reflect new technologies and formats," says an internal analysis by the Treasury Board, the entity that oversees the Access to Information Act.

"Amendments to the fee provisions of the Act and regulations would help to control demand and reduce administrative costs."

Requesters currently pay $5 to apply for government information, a fee that has not budged since 1983.

THE CANADIAN PRESS

Gadhafi forces push rebels out

Moammar Gadhafi's forces drove rebels from one of their final strongholds yesterday on Libya's main coastal highway.

Rebels said they were fleeing the oil town of Brega under heavy attack, losing a vital source of fuel for their vehicles and leaving Gadhafi's military less than 240 kilometres from the opposition city of Benghazi.

"Benghazi doesn't deserve a full-scale military action," army spokesman Milad Hussein said. "They are a group of rats and vermin and as soon as we go in, they will raise their hands and surrender."

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POLICING THE CITY'S POLICE BUDGET

Urban Compass

STEVE COLLINS

The passage of last week's budget was a quieter affair than in previous years, and a little too quiet for some.

Public participation at committee budget meetings and spending-control town halls was a bit sparse, though Mayor Jim Watson put a positive spin on this light turnout as a sign that people were generally happy with the city's fiscal direction.

But police Chief Vern White, who watched as his budget was approved by the Police Services Board without any intervention from a member of the public, said he would have liked to see a little more citizen engagement with the decisions the city is making.

"There's not really a debate around the budget this year," he observed last week.

There was plenty worth talking about. The police received a 2.5 per cent funding increase instead of the 5.6 per cent originally projected, as close to a cut as they are ever likely to see.

This will slow down work on new buildings and repairs on old ones and result in no new hires this year. By 2013, White said, if the budget is kept to a 2.5 per cent annual increase, some retiring members won't be replaced.

When councillors asked for assurances that this would not affect the number of police on the streets, White offered none. Slowing the growth of the police budget, he said, will affect service.

> **"When councillors asked for assurances that this would not affect the number of police on the streets, (police Chief Vern) White offered none."**

But letting the bill rise unchecked has its consequences, too. Statistics Canada's latest report on policing costs across Canada identified two seemingly contradictory trends: As crime rates decline, policing takes a bigger and bigger bite out of municipal budgets, increasing 41 per cent per capita in the past decade. Police compensation, which regularly increases beyond the rate of inflation, is the biggest cost.

Ottawa's police bill last year, at 9.9 per cent of the city's total expenditures, was on the low side compared to Vancouver (22.4), Calgary (23.8) and Peel Region (28.7). Our crime rate is relatively low and police expenditures reasonably under control, but steady annual increases, as the Statistics Canada data show, have a way of adding up, potentially crowding out other priorities.

Even the most ardent fiscal conservatives seem reluctant to limit police funding. It's politically touchy, because the drop in crime has not seen a corresponding decrease in public fear of crime. It will probably be a struggle just to hold the annual increase here to 2.5 per cent.

Cartoon

MICHAEL DE ADDER

Casting a wider relief net

Worth mentioning

Canadian web surfers are reaching into their pocketbooks to help with the relief effort in Japan.

The Canadian Red Cross says online tools like Twitter and Facebook have increased awareness of the disaster and encouraged people to donate.

The humanitarian group has already raised approximately $1 million since Friday.

Four other charities — CARE Canada, Oxfam Canada, Oxfam-Quebec and Save The Children Canada — have formed a group called the Humanitarian Coalition and began accepting donations Saturday.

The group says that while the Japanese government is well-prepared to respond to an earthquake, Canadians also want to help.

Doctors Without Borders says it hasn't decided whether to set up a program in Japan even though it already has a 10-person team on the ground.

"If there is enough medical needs, we will start a medical program," said spokesman Gregory Vandendaelen.

The Salvation Army has allocated $75,000 to help in Japan, while other organizations such as World Vision Canada and UNICEF are accepting donations to their general relief funds. THE CANADIAN PRESS

Helping hands

ITSUO INOUYE/THE ASSOCIATED PRESS

Do you think natural disasters are rising? Why?

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Metro Minute at war museum

Try out card and board games from the First World War as well as some modern favourites at the Canadian War Museum today. Most of this week's spring-break activities are free with museum admission.

Hands-on Games at the museum's LeBreton Gallery runs today through Friday from 10 a.m. to 4 p.m. Tomorrow at the John McCrae Gallery Karole Marois, a war artist with the Canadian Forces art program will hold a mural workshop, and on Wednesday and Thursday you can join Canadian Forces artists program artist David Collier and learn the basics of how to draw a comic strip.

METRO

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▶ A scene from military comic strip artist David Collier, from his graphic novel CHIMO.

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Super-fast networks to debut this fall

Bandwidth consumption exploding as mobile apps take hold ◗ Carriers introducing 4G technology

Wireless carriers in Canada are making their networks even faster to meet the demand from smartphones and devices used by laptops to connect to the Internet.

Bell and Telus have upgraded their networks, not even two years old, to faster fourth-generation, or 4G, technology, while Videotron, MTS and SaskTel are on the same path.

But there have been technical arguments about whether these networks are truly 4G, and international standards have been relaxed recently to allow carriers to say they are operating such networks once they enhance their advanced networks.

4G

Technology analyst Duncan Stewart says a number of 4G devices should be in Canada by the fall, but initially there will be more Internet modems than smartphones.

Rory Altman of consulting group Altman Vilandrie & Company said carriers are "fibbing a little bit" about having 4G networks already, but noted they are faster for streaming video, loading graphics and opening big email files.

Rogers says it also has 4G network speed but is committed to long-term evolution network technology, which is expected to give mobile users an even faster experience, about the equivalent of a home Internet connection.

Bell and Telus are also testing LTE technology, while carriers such as Wind Mobile say they are on the path to an LTE network.

"All of this stuff about 'faux' G and it's not the real 4G is really marketing," says Duncan Stewart, director of Deloitte Canada Research. "But if you want to browse the web and look at pictures and especially look at videos you need higher speeds." THE CANADIAN PRESS

Job creation falls short of expectation

The Canadian economy created a smaller-than-expected 15,100 new jobs and saw an outright decline in full-time work. The tiny overall pickup, all part-time jobs, was below the consensus expectation for as many as 25,000 new jobs, but large enough to keep the unemployment rate at 7.8 per cent.

THE CANADIAN PRESS

Market moment

PRESS FILE PHOTO

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MARY ALTAFFER/THE ASSOCIATED PRESS

▶ Ayano Tominaga of Tokyo waits in line on Friday to buy an iPad 2 at the Apple store on Fifth Avenue in New York. Tominaga arrived on Thursday — before the earthquake struck her country — just to buy the iPad 2 and was planning to return on Saturday.

The iPad 2 tablet computer went on sale Friday and was greeted by the now-familiar lines of buyers outside Apple stores. When the original iPad went on sale last April, Apple said it sold more than 300,000 in the first day. It ended up selling more than 15 million in the first nine months. The iPad 2 goes on sale March 25 in 26 other markets, including Canada, Mexico, New Zealand, Spain and other European countries.

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2 scene

Box Office

The sci-fi action film Battle: Los Angeles topped the weekend box office with a strong debut of $36 million US, according to studio estimates yesterday. In its second week of release, the animated Rango came in second, with $23 million. Red Riding Hood debuted to $14.1 million. Disney's animated 3-D family film Mars Needs Moms opened to a disappointing $6.8 million.

THE ASSOCIATED PRESS

Helen Mirren joins other theatre stars to protest U.K. arts funding cuts. Scan code for story.

▶ Red Riding Hood director Catherine Hardwicke with actor Gary Oldman.

Creating a fairy tale

Director Catherine Hardwicke talks about her long love for the story of Little Red Riding Hood ◐ She enjoyed being able to expand on the fears and emotions of the story

PHIL BROWN
SCENE@METRONEWS.CA

Catherine Hardwicke began her career as a production designer on films like Three Kings before transitioning into directing with Thirteen. With that auspicious debut, she instantly became one of the premiere female directors in Hollywood and entered the blockbuster arena in 2008 when Twilight became a surprise $390-million hit.

Hardwicke made a return to the big screen with Red Riding Hood, a gothic horror adaptation of the classic fairy tale that in an odd way might be her most personal project.

"I loved the fairy tale when I was little and made my mother make me a red cloak so I could be Little Red Riding Hood on Halloween for two years straight," the director told Metro. "So I guess it's stirred into my blood."

"I loved that we could take a story everyone knows and add on layers that no one would expect."
DIRECTOR CATHERINE HARDWICKE

"I was excited by this script because it went back to an old less sanitized version of the story. I liked the darkness and thought it was filled with opportunities."

In Hardwicke's hands, the film becomes a more frightening tale involving a werewolf as well as a love triangle that should please her Twilight followers. In other words, this isn't the bedtime story you remember.

"I think fairy tales take complicated childhood fears and emotions and play them out in an extreme way," explained Hardwicke. "They let children face their fears instead of pretending that's irrational. So pushing the story slightly into horror wasn't much of a stretch."

Following a film that required absolute reverence to the source material to appease squealing fans, the director relished the opportunity to take this classic fairy tale into any direction that she pleased.

"In Twilight I couldn't stray far because of the fans, but the great thing about a fairy tale like this is that there is no definitive version," said Hardwicke. "I loved that we could take a story everyone knows and add on layers that no one would expect."

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Talking points

Baldwin gives Sheen pointer on winning

PEOPLE. Alec Baldwin is chiming in on the Charlie Sheen debacle, offering the infamous Two and a Half Men star some career advice, whether he wants it or not.

"You can't win. Really. You can't," Baldwin writes in an editorial for the Huffington Post, addressing Sheen.

"You know what you should do? Take a nap. Get a shower. Call (Two and a Half Men creator) Chuck (Lorre). Go on Letterman and make an apology. Write a huge check to the B'Nai Brith. And then beg for your job back."

METRO

EVAN AGOSTINI/THE ASSOCIATED PRESS

▶ Alec Baldwin

Girl power gets boost in Beckham house

Will new baby be as 'posh' as mom? Or will she bend it like Beckham and take women's football by storm?

David and Victoria Beckham are officially expecting a daughter, the soccer star announced, according to People magazine.

"Obviously, we're very lucky to be expecting again, and this is the first time I'm going to say it: It's a little girl," David said at an L.A. Galaxy fan event.

"We're still in shock. Obviously, having three boys, you kind of expect another one, so finding out a little girl is in there is surprising, but, obviously, we are over the moon. Our three boys are happy and excited, and Victoria is doing well." The baby girl is expected in July. METRO

STEVE PARSONS/THE ASSOCIATED PRESS

▶ Victoria Beckham at London's Heathrow Airport Terminal saturday showing a healthy baby bump.

Wilde split ends in divorce

After separating last month, Olivia Wilde officially filed for divorce from her husband, Italian prince Tao Raspoli, late last week, according to TMZ.

"They have been living apart after trying for quite some time to make their relationship work," a source says.

The divorce filing cited irreconcilable differences as the cause of the split. METRO

CHARLES SYKES/THE ASSOCIATED PRESS

▶ Olivia Wilde and Tao Raspoli

Survivor, yes — tax payer, no

Richard Hatch, the winner of the first season of Survivor, is heading back to prison again for failure to pay taxes on his initial $1-million win in 2000, according to the Hollywood Reporter.

Hatch, who previously served three years behind bars for tax evasion, is said to still owe approximately $2 million in back taxes and penalties, though he has long maintained he is innocent. He was sentenced late last week to another nine months in prison. METRO

Timberlake out of sync with Biel

Justin Timberlake and Jessica Biel have reportedly ended their relationship after four years of dating, according to Us Weekly.

"Addressing the media speculation regarding Jessica Biel and Justin Timberlake's relationship, we are confirming that they mutually have decided to part ways," a rep tells the magazine.

"The two remain friends and continue to hold the highest level of love and respect for each other."

There's no word on what caused the split. METRO

Celebrity tweets

Tyra Banks [@tyrabanks] Totally random: I'm writing my book MODELLAND right now, pondering kangaroos. Fem 'roos have pouch for baby. Why Male 'roos have pouch?

Ben Stiller [@RedHourBen] Sending good thoughts and prayers to people of Japan.

Chris Colfer [@chriscolfer] You know you have OCD when you've yelled "Oh look! The Container Store!" on more than one occasion. METRO

Mel pleads no contest to battery charge

After being formally charged with misdemeanor battery for allegedly hitting ex-girlfriend Oksana Grigorieva, Mel Gibson pleaded no contest to the charges in court Friday, according to Radar Online.

The Oscar-winner received three years probation and was ordered to attend counselling and a domestic violence program for one year. Gibson must also complete 16 hours of community service and pay a small fine. "He's entering this plea because it was in the best interest of his children," Gibson's attorney said of the decision. METRO

MARK BOSTER/THE ASSOCIATED PRESS

▶ Mel Gibson appears at Los Angeles Airport Courthouse Friday.

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3 life

Mommy gifts

Here are some suggestions for thoughtful gifts for moms-to-be.

- Put together an "at-home" spa basket complete with calming oils, bubble bath, classical music, a lighthearted novel and slippers.
- Look for items that have dual purpose, like a backpack, that acts as a baby carrier, or a stroller designed for jogging and keeping baby comfortable.
- Get a gift card to a restaurant she's always wanted to try.

NEWS CANADA

How do you ease parent-child separation anxiety? To find out, scan this code or visit metronews.ca.

Having a premature child isn't just a medical emergency, but also a family emergency as parents deal with conflicting and confusing emotions about the obstacles that may lie ahead

Raising preemies: An emotional roller-coaster

JACK DEMPSEY/ THE ASSOCIATED PRESS

▶ Melissa Orlando with her twin daughters, Fiona and Mallory, who were born premature.

My wife, Ivandy, wasn't due to deliver our son for another three months when her water broke. We rushed to the hospital where we learned out baby's world was drying up around him. Nicholas was born weighing just two pounds, two ounces.

The neonatal intensive care unit (NICU) became our second home. As parents of a preemie, we were plunged into a community of experts that we hardly knew existed. And we had to learn to cope not just with our son's needs, but also with our emotions.

About 12.9 million premature babies are born around the world each year. But only recently have doctors started looking beyond survival and focused on improving outcomes for premature children outside the NICU.

Children born prematurely may have learning disabilities, attention deficits, cerebral palsy, vision and hearing problems, respiratory illnesses or other conditions.

Doctors are also finding the trauma of a premature birth can be devastating to parents, who may suffer from depression and anxiety disorders such as post-traumatic stress disorder.

"Prematurity is not just a medical crisis, it's a family crisis. There are confusing emotions," says Mara Tesler Stein, a clinical psychologist and co-author of Parenting Your Premature Baby and Child.

Stein compares parents' experience of grieving after the birth of a premature child to that of losing a loved one — an especially confusing emotion when you are in fact gaining a loved one.

"Men tend to be fixers. If they can't fix the situation they really don't know what to do with it."

DIANNE MARONEY, CO-AUTHOR OF YOUR PREMATURE BABY AND CHILD, ON THE DIFFICULTY MEN HAVE DEALING WITH A SICK CHILD

Most parents agree that the hardest part of having a premature child is leaving him or her alone in the NICU.

"I felt like I was abandoning them," explains Melissa Orlando, a Colorado art teacher who gave birth to premature twins. "I did a lot of talking with them, explaining I was going home to sleep."

The next hardest thing is the uncertainty: No one could give us a definitive prognosis for our baby because every premature child is different.

Dr. Brian Carter, director of the Neonatal Follow-up Program at the Monroe Carell, Jr. Children's Hospital at Vanderbilt University in Nashville, says predicting outcomes for preemies is difficult because treatments are always evolving.

"Many clinicians may be reluctant to glibly inform or saturate a parent's mind with all sorts of potential concerns that sound overwhelming and potentially very negative and frightful," Carter explains.

In retrospect, we were lucky to have doctors who remained optimistic — even if they weren't always entirely honest about all the obstacles that might lie ahead. THE ASSOCIATED PRESS

Say hello to a simple, yet exotic, dish

Serving these mildly spicy lentil spinach fritters with fruit chutney creates an interesting combination

THE CANADIAN PRESS H/O

This recipe produces 12 fritters.

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Canadians are increasingly exposed to many different flavours as a result of sampling foods from around the world.

And if you're up for trying new things, you'll love these easy to make lentil spinach fritters.

Not only are they mildly spicy, but they're also packed with goodness from the spinach and split red lentils. Serve them with chutney for a great mix of flavours.

Preparation:

1. In saucepan, cover lentils with water and bring to boil. Reduce heat and simmer for 20 minutes. Drain well.
2. In a food processor, add cooked lentils and 3 tbsp (45 mL) of water; process until smooth, scraping sides occasionally. Scrape into bowl.
3. Add spinach, green onions, cilantro, red pepper flakes, 2 tbsp (30 mL) of the flour, cumin, salt, baking powder and garlic, stirring well. Add more flour, as needed, to make a smooth dough.
4. In large non-stick skillet heat 1 tbsp (15 mL) of the oil over medium heat. Drop lentil mixture by heaping tablespoons (15 mL) into pan. Cook for 2 minutes on each side or until lightly browned. Remove from pan. Cover and keep warm. Repeat with remaining oil and mix.
5. Serve with chutney.

THE CANADIAN PRESS/ PULSE CANADA

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. VISIT EMILYRICHARDSCOOKS.CA.

Ingredients:

- 3/4 cup (175 mL) dried split red lentils
- 3 1/2 cups (875 mL) coarsely chopped fresh spinach
- 2 tbsp (30 mL) thinly sliced green onions
- 1 tbsp (15 mL) finely chopped cilantro
- 1/2 tsp (2 mL) crushed red pepper flakes
- 2 to 3 tbsp (30 to 45 mL) all-purpose flour
- 1 tsp (5 mL) ground cumin
- 1/2 tsp (2 mL) salt
- 1/4 tsp (1 mL) baking powder
- 1 garlic clove, minced
- 3 tbsp (45 mL) canola oil, divided
- Fruit Chutney

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Raising a glass of 'green' beer

Breweries across Canada are turning to cleaner methods of production

BEN KNIGHT
LIFE@METRONEWS.CA

Green beer is a tradition on St. Patrick's Day. But does "green," eco-friendly beer actually exist? Steam Whistle Brewing in Toronto has made significant steps. Bottles thick enough are reused dozens of times, use no glue or paper labels, and have biofuel in their delivery trucks. On a smaller scale, microbreweries, like Nelson Brewing Company Ltd. in British Columbia, brew in small batches, close to home, saving big on transportation, storage and environmental damage.

How can the brewing and selling of beer be made cleaner?

"It begins with ingredients," says Sybil Taylor, founder of Steam Whistle's environmental committee. "People are concerned about what they're putting in their bodies. We start with all-natural ingredients, GMO-free, and no preservatives. Packaging is important too. Our green bottle really is green!"

Nelson brewmaster Mike Kelly agrees. "All our beer is certified organic," he says. "With that, you buy into the idea that organic products are cleaner or greener — better for the environment. Better for the farmers, too, because of the sustainability of various ingredients."

Does organic beer taste better than mainstream commercial brews?

"Absolutely," Taylor enthuses. "There's a refreshing, clean taste because it's naturally carbonated. It isn't gassy, and doesn't make you feel bloated."

STEVE RUSSELL/TORSTAR NEWS SERVICE

▶ St. Patrick's Day isn't the only time of year to find "green" beer. More and more eco-friendly beers are becoming available as part of a larger organic movement.

Will beer drinkers switch brands for the environment?

"I think they will," says Kelly. "It's really part of a larger movement. My family buys organic food, and we have for years. There's a 20 per cent growth in organic food sales per year — at least in B.C. There's more and more organic beers becoming available. The awareness is there, and people think that by supporting organic products — and beer is one of them — they are supporting sustainable business."

Cheers!

- According to Statistics Canada, the average adult Ontarian downs 84.3 litres of beer per year. That ranks sixth among all the provinces and territories.
- The national average is 85.6 litres per year.
- The Yukon Territory leads the way — by a huge margin — at 145.1.

Queen of Green

LINDSAY COULTER
GREEN@METRONEWS.CA

NO-IRON SHIRTS ARE GREEN DUDS

Is there formaldehyde in no-iron shirts? I got a whiff the other day of my husband's shirts and for now the shirts are quarantined.
Melanie of Edmonton

Your suspicion about formaldehyde in no-iron shirts, also known as wrinkle-free, is spot-on.

I hate to iron as much as the next person, but to make cotton iron-free the fabric is typically soaked in formaldehyde. When you press it flat it becomes wrinkle-resistant. Retailers warn that due to the change in molecular structure of the cotton shirt, the fabric becomes more brittle. This means the life expectancy of your husband's no-iron shirt may be cut by 25 per cent.

If a short lifespan isn't discouragement enough, these low-maintenance duds are impregnated with a cancer-causing chemical. Formaldehyde is found in more than no-iron shirts. It's used in consumer products like air fresheners, nail polish, bed sheets, kitchen cabinets, carpets, furniture — you get the idea. Since formaldehyde is known to emit fumes from products and can be inhaled, avoid it.

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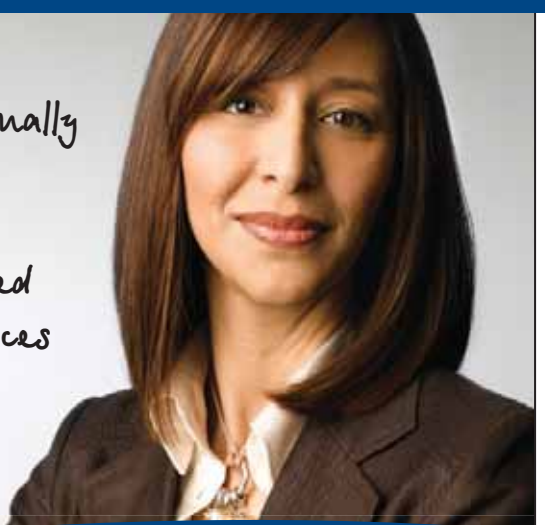

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Combat childhood obesity online

Kids sitting in front of their computers are being encouraged to talk, tweet, type and text about childhood obesity.

Leona Aglukkaq was in Toronto last week to launch a national dialogue, along with a new government website – ourhealthourfuture.gc.ca – with links to Facebook and Twitter.

The site will allow children, their parents and others to post ideas on how to eat well and get more exercise into their day.

The country is facing a childhood obesity epidemic, an alarming trend over the last decade, Aglukkaq said.

"Too many of them are overweight, too many of them are obese and it seems to be on the rise among all children, including First Nations, Inuit and Metis children, and this has to be reversed."

Over the last 30 years, the number of obese children has almost tripled in Canada. In 1970, about one in 10 children was obese. Today, it is one in four.

The World Health Organization estimates three billion people will be obese by 2015.

More children are developing health problems previously seen only in adults, such as Type 2 diabetes and high blood pressure, which can reduce life expectancy, said Aglukkaq.

If the trend isn't reversed, today's children may not live as long as their parents, she said.

A series of meetings will be held starting later this month to canvass industry, health practitioners, academics, national aboriginal associations, youth, parents and caregivers.

Federal, provincial and territorial health ministers will use the ideas gathered online and at the meetings to devise a plan to tackle childhood obesity at a national summit this fall.

THE CANADIAN PRESS

Turning Point

KRUZE

LIFE@METRONEWS.CA

MODEL AGENCY

The giant scale stood firmly in the middle of the modelling agency reception area.

"No more cranberry muffins for you," the modelling agency executive told Liis wagging his finger in her face.

Liis knew that if she wanted to be a model she needed to be skinny but the muffin was all she had eaten that day. Liis left and never went back.

Today, Liis is a successful plus-size model and hasn't looked at a scale with fear since.

Her modelling has taken her all over the world and now working with the Ben Barry Agency, Liis is inspiring young women to redefine their ideas of size and beauty. "For me it's important to get young girls to look at beauty and media from a difference perspective."

Several years ago three models died due to the effects of malnutrition.

Liis says the fashion world has reached a turning point and is slowly realizing the average woman isn't a Size 4. Liis and the Ben Barry Agency are leading the way.

"We don't want to be just an agency. We want to be agents of change."

▶ Plus-size model Liis.

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Coming into focus

For more than five decades, Vivian Maier, a nanny, shot tens of thousands of photos of the world around her Her passion remained hidden to most, until now

She scoured the streets day and night, venturing into strange and sometimes dicey neighbourhoods. She wore a hat, sturdy shoes and a camera around her neck, and was always at the ready.

A woman in a white fur and evening dress drifting in the darkness toward a '56 two-tone Chevrolet.

Click.

A curious little boy, undaunted by his size, using an empty window frame as a ladder so he can peek into a giant box.

Click.

Fractions of seconds, captured by Vivian Maier a half-century ago or more — fleeting moments of life on the streets at a time when men wore fedoras and dragged on Lucky Strike cigarettes.

Maier observed it all without judgment. This was her hobby, not her job. But for more than five decades, it also was her life. She shot tens of thousands of photos. Most were never printed and many were not even developed. Few were seen by anyone but her.

Vivian Maier, who passed away in 2009, wanted it that way. She guarded her privacy so zealously that she did not even want people to know her full name.

She and her photos seemed destined for obscurity until a young man with an eye for bargains stopped by an auction house one day. He paid about $400 for a huge grocery box stuffed with tens of thousands of negatives.

He knew only that they came from a repossessed storage locker that had been rented by an elderly woman.

He carted the negatives home, not expecting much — maybe just some illustrations for a history book he was co-authoring about his Northwest Side neighbourhood. He didn't find any.

But he did unearth a far bigger treasure.

John Maloof had stumbled upon an undiscovered artist whose photography is now being compared to the giants, a reclusive woman who, in death, is attracting the kind of attention and acclaim she would have shunned in life.

Maloof, a real estate agent, knew nothing about photography, but when he started scanning some of the negatives in his computer, even a novice could see they were special.

Shortly after Maloof started buying Maier's film, he tried, to no avail, to interest galleries and museums. Then he posted a blog he had created featuring her work on Flickr (the online photo-sharing site), and asked what he should do with the negatives.

Ideas and encouragement poured in.

This winter, Maloof finally succeeded in getting a one-woman show for Maier at the Chicago Cultural Center, her U.S. debut.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

▶ Collector John Maloof matches title tags with photographs hanging at the Cultural Center for the first ever exhibit of Vivian Maier's photography in Chicago.

Maloof is now working to assemble a book of her photos. He also has joined his partner, Rydzon, and a Danish filmmaker to produce a documentary, Finding Vivian Maier.

He is not, he insists, looking to make money on her legacy. He says he merely wants to bring her photos to the world, and bring credit to an unsung artist.

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Squeezing into school

As the population of most Canadian universities continues to swell, the question of where to house students is becoming increasingly urgent.

The situation is more desperate in several smaller cities, including Sault Ste. Marie, Ont., where residences are bursting at the seams and surrounding areas report low vacancy rates.

York student Steven Broadly says he's heard of as many as 12 students living in one of the newly built townhouses located on the periphery of the Toronto university.

Wallace says part of the problem is the lack of maintenance being done by thrifty landlords.

"The area around the university is so poorly maintained because students are so transient, so landlords don't always feel like they need to keep up the buildings," Wallace said.

April Stewart, a member of the Ontario Landlords Association, says she has encountered few instances of students taking their landlords to the Landlord and Tenant Board.

Stewart concedes this may be because students don't know their rights, and she urges them to contact their community legal clinics for free advice.

She says she wants "nothing to do with" landlords who neglect their premises.

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GMs meet amid public outcry

The NHL's general managers will find themselves in the eye of the storm on Florida's Atlantic coast this week.

With the outcry over concussions having grown to a fever pitch, the GMs will gather for their annual meetings today until Wednesday under some pressure to deliver a message about the state of the game.

They've already spent considerable time grappling with concussions and illegal hits — developing Rule 48 outlawing blindside head hits at these meetings a year ago — and won't necessarily conclude this session with any new measures to propose.

If anything, the divide between those involved in the sport and those on the outside will likely be highlighted during the meetings in Boca Raton, Fla.

In the wake of the devastating head and neck injury suffered by Montreal's Max Pacioretty last Tuesday, calls for more safety in the NHL came from all corners — everyone from Prime Minister Stephen Harper to league sponsor Air Canada to Canadiens owner Geoff Molson weighed in.

"We spend a lot of effort on this subject, we know it's important."
NHL COMMISSIONER GARY BETTMAN ON PLAYER SAFETY

It was much more difficult to detect a desire for change from those who have spent a lifetime in the game.

"Every time there's an injury, we're running around trying to address the specific injury," Maple Leafs coach Ron Wilson said over the weekend. "I think we've done a pretty good job of eliminating headshots but it doesn't matter what the rules are — there's still going to be these situations. I wish everybody would stop and think.

"We're playing a contact sport, people are going to to get hurt."

The NHL's hockey operations has closely examined every play that resulted in a concussion this season and found that an alarming number have been caused by accidental or inadvertent situations.

THE CANADIAN PRESS

Sabres beat Sens on sombre afternoon

News of Buffalo great Rick Martin's death arrives ahead of game

6	4
SABRES	SENATORS

Tyler Ennis scored two goals and Jhonas Enroth made 34 saves to lead the Buffalo Sabres to a 6-4 victory over the Ottawa Senators yesterday.

The game was played hours after former Sabres great Rick Martin died in a one-car accident. A moment of silence was observed in honour of Martin, a member of the Sabres' famed French Connection line.

Thomas Vanek and Paul Gaustad both had a goal and an assist, and Nathan Gerbe and Brad Boyes also scored for Buffalo, which moved into seventh place in the East. Mike Weber had a career-high three assists.

Each Sabres player wore a helmet sticker featuring Martin's name, his uniform No. 7, and a fleur-de-lis. The coaching staff wore the sticker on their lapels.

Jason Spezza scored twice and had two assists for Ottawa, which went 3-1 on its four-game road trip but couldn't match a season-best four-game winning streak. Colin Greening and Erik Karlsson also scored for the Senators.

Buffalo scored twice in a 33-second span early in the second period to take a 4-2 lead and send goalie Craig Anderson to the bench. Anderson stopped 13 of 17 shots, and backup Curtis McElhinney made 14 saves.

THE ASSOCIATED PRESS

DAVID DUPREY/ THE ASSOCIATED PRESS

▶ Senator Nick Foligno collides with Sabres Mike Weber and Nathan Gerbe yesterday.

Another CIS title for Carleton

ANDREW VAUGHAN/THE CANADIAN PRESS

▶ Elliot Thompson

A 19-point performance from tournament all-star Elliot Thompson led the Carleton Ravens to their seventh CIS men's basketball championship in the last nine years.

Carleton downed Trinity Western University 82-59 in Halifax.

The Ravens built an 18 point half-time lead, largely on the strength of superb three-point shooting. Six different Ravens made at least one three, and the team was 10 for 20 from beyond the arc.

"You gotta just keep shooting the ball. I shot a lot of threes and some of them weren't going in, but you've just got to trust your body and keep shooting," said Thompson, who was 4-for-12 on threes. "The main thing going into this game ... was to keep attacking, never quit and play for 40 minutes." THE CANADIAN PRESS

Sports in brief

Buckeyes grab No. 1 seed

NCAA. Ohio State, Kansas, Pittsburgh and Duke have been awarded the top seeds in this year's NCAA tournament, an expanded version of March Madness that will include 68 teams.

Ohio State beat Penn State 71-60 in the Big Ten tournament final yesterday and was named the top seed in the entire field. THE ASSOCIATED PRESS

Jays bats light up Rays

MLB. Jose Bautista and Eric Thames homered to help Toronto beat Tampa Bay 9-3 yesterday.

Brandon Morrow allowed two runs, one earned, and three hits in four innings.

THE ASSOCIATED PRESS

4 sports

Quoted

"I feel for the coaches, and facility and stadium employees as their lives could be affected ... With all this being said, I'm optimistic that there will be football played in 2011."
SEATTLE RUNNING BACK/KICK RETURNER LEON WASHINGTON, WHO IS ONE OF MANY ASSOCIATED WITH THE NFL WHO ARE SAYING THERE WILL BE FOOTBALL PLAYED THIS FALL EVEN THOUGH LABOUR TALKS COLLAPSED, THE UNION DISSOLVED ITSELF, AND STAR PLAYERS ASKED FOR A PRELIMINARY INJUNCTION TO PREVENT A LOCKOUT HOURS BEFORE THE LEAGUE EVEN IMPLEMENTED ONE.

"A deal will get done and we expect to play football in 2011."
CHICAGO BEARS PRESIDENT TED PHILLIPS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	68	42	19	4	3	219	182	91	21-10-2-2	21-9-2-1	4-4-2-0	L1
d-Washington	70	40	20	5	5	189	171	90	22-8-2-5	18-12-3-0	9-1-0-0	W8
d-Boston	68	38	21	4	5	205	164	85	16-12-3-2	22-9-1-3	6-3-1-0	L4
Pittsburgh	70	40	22	5	3	201	171	88	22-12-2-0	18-10-3-3	4-3-3-0	W1
Tampa Bay	69	38	22	4	5	204	209	85	22-9-1-4	16-13-3-1	4-4-1-1	L2
Montreal	69	38	24	4	3	184	172	83	21-8-3-3	17-16-1-0	7-3-0-0	W1
Buffalo	69	34	27	7	1	203	201	76	15-15-2-1	19-12-5-0	6-2-1-1	W1
NY Rangers	70	36	30	2	2	198	171	76	15-17-1-2	21-13-1-0	5-5-0-0	W1
Carolina	69	31	28	5	5	196	209	72	18-11-2-2	13-17-3-3	3-5-1-1	L4
Toronto	69	30	29	5	5	182	212	70	16-13-3-4	14-16-2-1	5-2-2-1	W1
Atlanta	69	29	28	5	7	194	222	70	14-14-2-5	15-14-3-2	4-4-1-1	W1
New Jersey	68	32	32	3	1	146	174	68	16-14-2-1	16-18-0-1	8-2-0-0	W2
Florida	69	28	32	5	4	173	191	65	14-14-5-3	14-18-0-1	3-5-2-0	W1
NY Islanders	70	27	32	6	5	194	220	65	16-15-1-4	11-17-5-1	4-2-3-1	L1
Ottawa	69	25	35	5	4	157	215	59	11-18-2-3	14-17-3-1	6-4-0-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	70	45	16	4	5	229	165	99	23-7-1-4	22-9-3-1	7-3-0-0	W5
d-Detroit	69	41	20	5	3	227	199	90	18-11-3-2	23-9-2-1	4-4-1-1	W2
d-San Jose	69	39	22	4	4	194	177	86	18-11-2-3	21-11-2-1	6-2-0-2	L2
Los Angeles	69	39	25	3	2	192	168	83	20-11-2-0	19-14-1-2	7-2-1-0	W3
Chicago	69	37	24	3	5	226	194	82	21-14-0-0	16-10-4-4	7-1-1-1	L3
Dallas	69	37	24	3	5	193	193	82	19-10-2-4	18-14-1-1	5-3-2-0	L1
Phoenix	69	35	23	7	4	197	198	81	17-11-4-2	18-12-3-2	4-4-1-1	W1
Calgary	71	36	26	3	6	214	203	81	21-11-1-3	15-15-2-3	5-4-0-1	L2
Nashville	69	35	24	6	4	177	161	80	17-7-4-3	18-18-1-1	4-4-1-1	W2
Anaheim	68	37	26	3	2	193	197	79	21-11-1-1	16-15-2-1	5-4-1-0	W2
Minnesota	69	35	27	2	5	176	184	77	17-13-1-3	18-14-1-2	4-5-1-0	L2
Columbus	68	32	27	4	5	188	206	73	16-14-1-2	16-13-3-3	3-4-1-2	W1
St. Louis	69	30	30	4	5	193	207	71	20-12-1-3	11-17-3-2	4-6-0-0	L1
Colorado	68	26	34	7	1	191	239	60	14-17-4-0	12-17-3-1	1-8-0-1	L8
Edmonton	70	23	38	2	7	172	231	55	12-19-1-3	11-19-2-3	4-5-1-0	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
Buffalo 6 Ottawa 4
Pittsburgh 5 Edmonton 1
Los Angeles 3 Dallas 2
Washington 4 Chicago 3 (OT)
Phoenix at Anaheim
Saturday's results
Montreal 3 Pittsburgh 0
Toronto 4 Buffalo 3
Vancouver 4 Calgary 3
Atlanta 5 Philadelphia 4 (OT)
Columbus 3 Carolina 2
Detroit 5 St. Louis 3
Florida 4 Tampa Bay 3 (OT)
Nashville 4 Colorado 2
New Jersey 3 N.Y. Islanders 2 (OT)
N.Y. Rangers 3 San Jose 2 (SO)
Tonight's games
Tampa Bay at Toronto, 7 p.m.
San Jose at Chicago, 8 p.m.
Minnesota at Vancouver, 10 p.m.
Tomorrow's games
Carolina at Buffalo, 7 p.m.
Atlanta at New Jersey, 7 p.m.
N.Y. Islanders at N.Y. Rangers, 7 p.m.
Boston at Columbus, 7 p.m.
Washington at Montreal, 7:30 p.m.
Pittsburgh at Ottawa, 7:30 p.m.
Philadelphia at Florida, 7:30 p.m.
Los Angeles at Nashville, 8 p.m.
San Jose at Dallas, 8:30 p.m.
Phoenix at Calgary, 9 p.m.

PENGUINS 5, OILERS 1

First Period
1. Pittsburgh, Kunitz 19 (Kennedy, Staal) 19:25
Penalties — Omark Edm (hooking) 9:14, Jones Edm (hooking) 11:31, Kovalev Pgh (holding stick) 16:37, Martin Pgh (cross-checking) 16:51.
Second Period
2. Pittsburgh, Talbot 8 (Dupuis, Lovejoy) 6:27
3. Pittsburgh, Staal 8 (Kennedy, Cooke) 18:56
Penalties — Kunitz Pgh (slashing) 8:09, Vandermeer Edm (cross-checking) 11:43, Strudwick Edm (interference) 16:44.
Third Period
4. Edmonton, Jones 16 (Cogliano, Giroux) 1:11
5. Pittsburgh, Michalek 2 (Adams, Talbot) 7:52
6. Pittsburgh, Kunitz 20 (Neal, Kennedy) 16:11 (pp)
Penalties — Petry Edm (tripping) 4:48, Fleury Pgh (delay of game; served by Rupp) 13:14, Brule Edm (charging) 14:56.
Shots

Edmonton	2	11	16	29
Pittsburgh	13	10	10	33

Goal — Edmonton: Dubnyk (L,10-11-7); Pittsburgh: Fleury (W,31-17-5). **Power plays (goals-chances)** — Edmonton: 0-4; Pittsburgh: 1-6.
Referees — Mike Leggo, Brad Watson. **Linesmen** — Michel Cormier, Derek Nansen.
Attendance — 18,197 (18,087).

SABRES 6, SENATORS 4

First Period
1. Buffalo, Ennis 16 (Connolly, Sekera) 5:40
2. Ottawa, Spezza 14 (Karlsson, Gonchar) 8:52 (pp)
3. Buffalo, Vanek 25 (Gaustad, Weber) 12:26
4. Ottawa, Greening 2 (Winchester, Spezza) 18:16
Penalties — C.Butler Buf (interference) 8:36, Sekera Buf (charging) 19:41, Karlsson Ott (diving, unsportsmanlike conduct), C.Butler Buf (hooking) 19:56.
Second Period
5. Buffalo, Ennis 17 (Connolly, Weber) 1:37
6. Buffalo, Gaustad 10 (Mancari, Vanek) 2:10
7. Ottawa, Spezza 15, 9:39
8. Buffalo, Gerbe 9 (Weber, Pominville) 14:34
Penalties — Hecht Buf (hooking) 17:42, C.Butler Buf (cross-checking) 18:52.
Third Period
9. Buffalo, Boyes 16 (Pominville, Sekera) 8:16
10. Ottawa, Karlsson 12 (Spezza) 19:15
Penalty — Kuba Ott (hooking) 6:16.
Shots

Ottawa	16	13	9	38
Buffalo	13	11	9	33

Goal (shots-saves) — Ottawa: Anderson (17-13), McElhinney (L,7-10-1)(2:10 second)(16-14); Buffalo: Enroth (W,5-2-1). **Power plays (goals-chances)** — Ottawa: 1-4; Buffalo: 0-2.
Referees — Paul Devorski, Marcus Vinnerborg.
Linesmen — Brad Kovachik, Greg Devorski.
Attendance — 18,690 (18,690).

SATURDAY

MAPLE LEAFS 4, SABRES 3

First Period
1. Buffalo, Weber 4 (Connolly, Niedermayer) 2:55
2. Toronto, MacArthur 20 (Grabovski, Kulemin) 11:21
Penalty — Sekera Buf (hooking) 5:29.
Second Period
3. Toronto, Bozak 11 (Kessel, Lupul) 10:10
4. Buffalo, Hecht 12 (Vanek, Sekera) 11:04
5. Buffalo, Leopold 12 (Ennis, McCormick) 15:31 (pp)
Penalty — Grabovski Tor (high-sticking) 15:13.
Third Period
6. Toronto, Grabovski 27 (Gunnarsson, Phaneuf) 4:03
7. Toronto, Kessel 28 (Schenn, Reimer) 6:36
Penalty — Myers Buf (high-sticking) 9:34
Shots

Buffalo	12	20	10	42
Toronto	7	12	10	29

Goal — Buffalo: Miller (L,29-20-7); Toronto: Reimer (W,13-6-4). **Power plays (goals-chances)** — Buffalo: 1-1; Toronto: 0-2.
Referees — Paul Devorski, Francois St-Lauerent.
Linesmen — Greg Devorski, Steve Miller.
Attendance — 19,347 (18,819).

CANADIENS 3, PENGUINS 0

First Period
1. Montreal, Plekanec 21 (Cammalleri) 0:46
Penalties — None.
Second Period
2. Montreal, Moen 4 (Gionta, Gomez) 0:24
3. Montreal, Cammalleri 16 (Halpern) 6:51
Penalties — Desharnais Mtl (tripping) 3:26, Talbot Pgh (slashing) 10:01, Mara Mtl, Talbot Pgh (fighting) 12:47, Weber Mtl, Cooke Pgh (roughing), Rupp Pgh (cross-checking) 15:56, Subban Mtl (elbowing) 18:02.
Third Period
No Scoring.
Penalty — Mara Mtl (cross-checking) 18:07.
Shots

Montreal	9	9	2	20
Pittsburgh	5	11	10	26

Goal (shots-saves) — Montreal: Price (W,33-22-6); Pittsburgh: Fleury (L,30-17-5)(12-9), B.Johnson (8:25 second)(8-8). **Power plays (goals-chances)** — Montreal: 0-2; Pittsburgh: 0-3.
Referees — Stephen Walkom, Brad Watson.
Linesmen — Michel Cormier, Derek Nansen.
Attendance — 18,310 (18,087).

CANUCKS 4, FLAMES 3

First Period
1. Calgary, Backlund 8, 2:14
2. Calgary, Stajan 6 (Jackman, Sarich) 3:32
3. Vancouver, Kesler 34 (Samuelsson, H.Sedin) 8:48 (pp)
Penalties — Giordano Cal (hooking) 8:16, Hamhuis Vcr (holding stick) 19:02.
Second Period
4. Vancouver, D.Sedin 36 (H.Sedin, Ehrhoff) 9:46
5. Calgary, Moss 17 (Iginla, Tanguay) 10:52
6. Vancouver, Burrows 20 (D.Sedin, Ehrhoff) 15:41
7. Vancouver, D.Sedin 37 (Kesler, Ehrhoff) 19:44 (pp)
Penalty — Bourque Cal (tripping) 19:07.
Third Period
No Scoring.
Penalty — H.Sedin Vcr (hooking) 16:51.
Shots

Vancouver	12	13	7	32
Calgary	7	10	6	23

Goal — Vancouver: Luongo (W,32-13-7); Calgary: Kiprusoff (L,32-21-5). **Power plays (goals-chances)** — Vancouver: 2-2; Calgary: 0-2.
Referees — Dennis LaRue, Frederick L'Ecuyer.
Linesmen — Mike Cvik, Mark Wheler.
Attendance — 19,289 (19,289).

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	11	9	2	.818	132	101	—
Buffalo	10	7	3	.700	110	93	1½
Boston	11	6	5	.545	117	102	3
Rochester	10	5	5	.500	93	107	3½
Philadelphia	11	4	7	.364	99	125	5

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	9	6	3	.667	104	96	—
Minnesota	9	5	4	.556	102	98	1
Washington	10	5	5	.500	133	118	1½
Edmonton	10	2	8	.200	103	128	4½
Colorado	9	1	8	.111	80	105	5

Last night's result
Calgary at Washington
Saturday's result
Buffalo 12 Boston 10

MLB

SPRING TRAINING

AMERICAN LEAGUE

	W	L	Pct
Seattle	9	4	.692
Detroit	12	7	.632
Kansas City	10	6	.625
Texas	8	7	.533
Boston	9	8	.529
Baltimore	7	7	.500
Minnesota	8	8	.500
Toronto	8	8	.500
Los Angeles	8	10	.444
Oakland	7	9	.438
Chicago	6	9	.400
Tampa Bay	6	9	.400
New York	6	10	.375
Cleveland	5	9	.357

NATIONAL LEAGUE

	W	L	Pct
San Francisco	14	4	.778
Atlanta	11	5	.688
Washington	10	5	.667
Colorado	11	6	.647
Cincinnati	10	6	.625
Milwaukee	10	6	.625
Philadelphia	11	7	.611
St. Louis	8	7	.533
New York	8	9	.471
San Diego	7	8	.467
Chicago	8	10	.444
Pittsburgh	8	10	.444
Florida	5	10	.333
Houston	6	13	.316
Los Angeles	5	14	.263
Arizona	5	15	.250

Yesterday's results
Philadelphia 6 Minnesota (ss) 3
Houston (ss) 3 Detroit (ss) 1
Atlanta 7 Houston (ss) 1
Washington 5 Florida 1
Toronto 9 Tampa Bay 3
Pittsburgh 9 Boston 4
Minnesota (ss) 9 N.Y. Yankees 2
Detroit (ss) 9 Baltimore 1
N.Y. Mets 13 St. Louis 3
L.A. Angels (ss) 6 Cincinnati 3
San Diego 7 Cleveland 2
Oakland 9 Colorado 4
Chicago White Sox 6 L.A. Dodgers (ss) 1
Milwaukee 7 Kansas City 5
San Francisco 11 Texas 8
Seattle 2 L.A. Angels (ss) 0
Chicago Cubs (ss) 4 L.A. Dodgers (ss) 3 (10 inn.)
Chicago Cubs (ss) 7 Arizona 5

CRICKET

WORLD CUP

GROUP A

	MP	W	T	L	NR	Pt
x-New Zealand	5	4	0	1	0	8
x-Sri Lanka	5	3	1	1	1	7
x-Australia	4	3	0	0	1	7
Pakistan	4	3	0	1	0	6
Zimbabwe	4	1	0	3	0	2
Canada	**5**	**1**	**0**	**4**	**0**	**2**
Kenya	5	0	0	5	0	0

GROUP B

	MP	W	T	L	NR	Pt
India	5	3	1	1	0	7
South Africa	4	3	0	1	0	6
West Indies	4	3	0	1	0	6
England	5	2	1	2	0	5
Bangladesh	4	2	0	2	0	4
Ireland	3	1	0	2	0	2
Netherlands	4	0	0	4	0	0

x — clinched berth in quarter-finals.
Yesterday's results
At Mumbai, India
New Zealand (261 for nine) def. **Canada** (358-6) by 97 runs.
At Bangalore, India
Australia (324-6) def. Kenya (264-6) by 60 runs.
Saturday's result
At Chennai, India
South Africa (300-7) def. India (296) by 3 wickets
Today's matches
At Chittagong, India
Bangladesh vs. Netherlands
At Kandy (Pallekele), Sri Lanka
Pakistan vs. Zimbabwe

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
dx-Boston	47	17	.734	—
y-Chicago	47	18	.723	½
dx-Miami	45	21	.682	3
Orlando	42	25	.627	6½
Atlanta	38	28	.576	10
New York	34	31	.523	13½
Philadelphia	34	32	.515	14
Charlotte	28	38	.424	20
Indiana	28	38	.424	20
Milwaukee	26	39	.400	21½
Detroit	23	44	.343	25½
New Jersey	21	43	.328	26
Toronto	18	48	.273	30
Washington	16	48	.250	31
Cleveland	12	53	.185	35½

WESTERN CONFERENCE

	W	L	Pct	GB
dx-San Antonio	54	12	.818	—
Dallas	47	19	.712	7
d-L.A. Lakers	47	20	.701	7½
d-Oklahoma City	42	23	.646	11½
Denver	39	27	.591	15
New Orleans	39	29	.574	16
Portland	37	29	.561	17
Memphis	36	31	.537	18½
Phoenix	33	31	.516	20
Utah	34	33	.507	20½
Houston	33	34	.493	21½
Golden State	29	36	.446	24½
L.A. Clippers	26	41	.388	28½
Minnesota	17	50	.254	37½
Sacramento	15	49	.234	38

d – division leader; **x** — clinched playoff berth; **y** — clinched division.

Yesterday's results
Charlotte 95 Toronto 90
Boston 87 Milwaukee 56
Indiana 106 New York 93
Oklahoma City 95 Cleveland 75
Orlando 111 Phoenix 88
Minnesota at Golden State
Saturday's results
Atlanta 91 Portland 82
Chicago 118 Utah 100
Denver 131 Detroit 101
L.A. Clippers 122 Washington 101
L.A. Lakers 96 Dallas 91
Miami 118 Memphis 85
Milwaukee 102 Philadelphia 74
New Orleans 115 Sacramento 103
San Antonio 115 Houston 107
Tonight's games
Boston at New Jersey, 7 p.m.
Oklahoma City at Washington, 7 p.m.
L.A. Clippers at Memphis, 8 p.m.
Denver at New Orleans, 8 p.m.
San Antonio at Miami, 8 p.m.
Phoenix at Houston, 8:30 p.m.
Philadelphia at Utah, 9 p.m.
Golden State at Sacramento, 10 p.m.
Orlando at L.A. Lakers, 10:30 p.m.

TENNIS

WTA BNP PARIBAS OPEN

At Indian Wells, Calif.
Yesterday's results
Men
Singles — Second Round
Tomas Berdych (7), Czech Republic, def. Lukasz Kubot, Poland, 6-4, 6-1.
Andy Roddick (8), U.S., def. James Blake, U.S., 6-3, 7-5.
Stanislas Wawrinka (12), Switzerland, def. Nikolay Davydenko, Russia, 3-6, 7-6 (5), 6-4.
Viktor Troicki (16), Serbia, def. Bernard Tomic, Australia, 6-4, 6-4
Marin Cilic (17), Croatia, def. Florent Serra, France, 6-1, 6-3.
Richard Gasquet (18), France, def. Pablo Cuevas, Uruguay, 7-5, 6-3.
Michael Llodra (24), France, def. Santiago Giraldo, Colombia, 7-6 (6), 6-4.
Thomaz Bellucci (26), Brazil, def. Benjamin Becker, Germany, 6-3, 7-6 (5).
Juan Ignacio Chela (29), Argentina, def. Philipp Petzschner, Germany, 4-6, 7-5, 6-2.
John Isner (30), U.S., def. Ricardo Mello, Brazil, 6-3, 7-6 (2).
Women
Singles — Third Round
Kim Clijsters (2), Belgium, def. Sara Errani, Italy, 6-3, 2-6, 6-4.
Francesca Schiavone (5), Italy, def. Alize Cornet, France, 6-2, 6-3.
Marion Bartoli (15), France, def. Andrea Petkovic (21), Germany, 6-4, 6-2.
Ana Ivanovic (19), Serbia, def. Barbora Zahlavova Strycova, Czech Republic, 6-2, 6-2.

CURLING

THE BRIER

At London, Ont.
Yesterday's results
Bronze Medal
Alberta (Martin) vs. Newfoundland & Labrador (Gushue)
Championship
Manitoba (Stoughton) vs. Ontario (Howard)
Saturday's results
Page Playoffs
Three vs. Four
Ontario (Howard) 5 Alberta (Martin) 4
Semifinal
Ontario (Howard) 7 Newfoundland & Labrador (Gushue) 6

WORLD JUNIOR CHAMPIONSHIP

At Perth, Scotland
MEN
Yesterday's results
Gold Medal
Sweden 6 Switzerland 5
Bronze Medal
Norway 10 **Canada 2**
WOMEN
Yesterday's results
Gold Medal
Scotland 10 **Canada 3**
Bronze Medal
Russia 9 Sweden 3

GOLF

WGC CADILLAC CHAMPIONSHIP

At Doral, Fla.
Par 72
Final Round

Nick Watney, $1,400,000	67-70-68-67—272
Dustin Johnson, $850,000	69-69-65-71—274
Anders Hansen, $465,000	71-69-68-67—275
Francesco Molinari, $465,000	68-68-70-69—275
Matt Kuchar, $350,000	68-69-68-71—276
Adam Scott, $271,000	68-70-68-71—277
Luke Donald, $271,000	67-72-66-72—277
Rickie Fowler, $200,000	71-73-68-66—278
Hunter Mahan, $175,000	64-71-71-73—279
Tiger Woods, $129,000	70-74-70-66—280
Jonathan Byrd, $129,000	70-74-68-68—280
Padraig Harrington, $129,000	68-71-68-73—280
Martin Laird, $129,000	67-70-70-73—280
Rory McIlroy, $129,000	68-69-69-74—280

PGA PUERTO RICO OPEN

At Rio Grande, Puerto Rico
Par 72
Final Round
(x-won on first hole of playoff)

x-Michael Bradley, $630,000	68-68-68-68—272
Troy Matteson, $378,000	67-67-66-72—272
Stephen Ames, $203,000	69-66-73-66—274
Hunter Haas, $203,000	67-68-68-71—274
George McNeill, $140,000	69-66-71-69—275
Bobby Gates, $126,000	70-69-68-69—276
Fabian Gomez, $105,438	67-70-70-70—277
Chris Tidland, $105,438	71-63-72-71—277
Brandt Jobe, $105,438	68-71-67-71—277
Angel Cabrera, $105,438	66-71-69-71—277
Bio Kim, $80,500	73-68-69-68—278
John Merrick, $80,500	68-70-70-70—278
Chris DiMarco, $80,500	68-69-70-71—278
David Hearn, $61,250	**68-70-74-67—279**
Fredrik Jacobson, $61,250	74-69-66-70—279
Michael Thompson, $61,250	68-69-70-72—279
Brendon de Jonge, $61,250	71-68-67-73—279

SOCCER

ENGLAND

FA CUP

QUARTER-FINALS
Yesterday's results
Stoke 2 West Ham 1
Manchester City 1 Reading 0

LEAGUE CHAMPIONSHIP

Yesterday's result
Cardiff 2 Barnsley 2

Every nite is a
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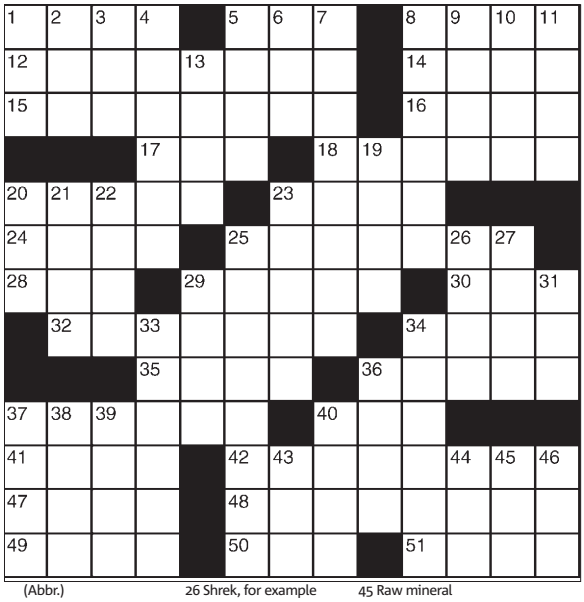
Crossword



Across

1 Watched
5 Taxpayer's addressee (Abbr.)
8 Injure
12 Mexican street band
14 Piece of work
15 Small prison cell
16 — fide
17 Comedian DeLuise
18 Family name on both "Full House" and "ALF"
20 Censor's sound
23 Mattel subdivision
24 Ointment
25 Lockable money container
28 Syllable often following a dot
29 Donny's sister
30 Martini ingredient
32 Orator's perch
34 Clench
35 Longtime baseball pitcher Jim
36 "... — finest hour"
37 Lowly servant
40 Exist
41 Thing
42 Television set
47 Wound cover
48 Lone
49 "Comin' — the Rye"
50 Booker T.'s backup band
51 Courtroom cry

Down

1 Type squares
2 Deviate off course
3 Before
4 Crown
5 Nuclear weapon
(Abbr.)
6 Letter after pi
7 Famous route
8 Mingle (with)
9 "Once — a time"
10 Mysterious letter
11 Despot
13 On
19 Liniment target
20 English channel?
21 Cambodia neighbor
22 Ticklish Muppet
23 Fortune-telling deck
25 Occult doctrine
26 Shrek, for example
27 Romans' unlucky number?
29 Film-rating org.
31 "All Things Considered" airer
33 With hands on hips
34 Urban subsection
36 "Star Trek: TNG" role
37 Waterfall effect
38 Engrave
39 Approach
40 Isn't healthy
43 Pooch
44 Biscay or Biscayne
45 Raw mineral
46 Alphabet ending

▶ Weekend's answer

J	I	B	■	A	T	O	M	■	G	Y	M	S
E	C	U	■	B	O	L	A	■	R	O	U	E
B	U	S	Y	B	O	D	Y	■	O	G	L	E
■	■	T	E	A	K	■	■	B	U	I	L	D
B	A	L	L	S	■	C	H	I	N	■	■	■
R	O	I	L	■	B	R	E	A	D	B	O	X
A	N	N	■	B	O	O	M	S	■	U	L	M
D	E	G	R	A	S	S	I	■	A	S	E	A
■	■	■	H	I	S	S	■	A	D	I	O	S
B	E	R	Y	L	■	■	O	P	E	N	■	■
O	M	I	T	■	B	U	S	H	N	E	L	L
N	I	G	H	■	U	G	L	I	■	S	E	E
D	R	A	M	■	G	O	O	D	■	S	I	X

Sudoku

	5						8	
	8	4		1		2	9	
3			8		6			1
		1	4		7	9		
		2	6		8	7		
6			3		2			9
	1	8		5		3	6	
	4						2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Weekend's answer ▶

8	9	1	2	7	3	6	4	5
3	2	6	4	5	8	7	9	1
5	4	7	1	9	6	3	2	8
6	8	2	3	4	7	1	5	9
7	3	9	8	1	5	4	6	2
4	1	5	9	6	2	8	7	3
9	7	8	5	3	4	2	1	6
2	5	4	6	8	1	9	3	7
1	6	3	7	2	9	5	8	4

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Vladushka, I'm getting enough of this relationship, I don't want to be your boyfriend anymore... Will you marry me? Mi amor, let me warm up your cold nights, let me brighten your life. Siempre tuyo, **MARIANO**

Dale You give me chills everytime you come near me. Keep sticking to your diet!! You get sexier every day! **BRYCE C.**

RyeRye; I've never felt as close to you as I do now.. Feels like I just met you all over again! You're everything to me, baby! Let's keep our love growing. I love you. **MZTHORNHILL**

Laura <3 BaBy all u need to know is that I love you soo much! I will love you forever! It's been the happiest year in my life!! ;) <3 **DJ ATOMICZ**

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Tuesday 5°/-2° Mainly sunny
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You may be tempted to force someone to give you what it is you desire but if you do your efforts will backfire. Persuasion is the key to success this week.

♉ Taurus April 21-May 21 If you don't feel like making an effort today there is no point pushing yourself. Focus on activities that make you feel good about yourself and let the rest take care of itself.

♊ Gemini May 22-June 21 You don't have to shout to make yourself heard. In fact the planets indicate that the louder you yell over the next 24 hours the less likely it is others will listen to you.

♋ Cancer June 22-July 22 You know how to move fast when there is money at stake but there is a danger you could move too fast for your own good today. Most likely it's because greed has got the better of you. Think again – and slow down.

♌ Leo July 23-Aug.23 The most important thing this coming week is that you do what makes you happy, not what makes other people happy. You may be generous by nature but you have needs and desires too.

♍ Virgo Aug. 24- Sept. 22 Don't worry too much if you find it hard to understand what is going on around you today – on this occasion ignorance is bliss. If you get caught up in other people's affairs you may not be able to find a way out again.

♎ Libra Sept. 23-Oct. 23 If others make negative comments about what you are trying to do it's only because they fear you might succeed. The more criticism you get today the more you can be certain you are doing something right.

♏ Scorpio Oct. 24-Nov. 22 A week or so from now you will get the opportunity to take a break, but today you must push yourself as hard and as fast as your mind and body can take you. Go the extra mile.

♐ Sagittarius Nov. 23-Dec. 21 You can, if you wish, sit back and let things happen but will you be satisfied with the results? Probably not. Get out of that armchair and put yourself about a bit.

♑ Capricorn Dec. 22-Jan. 20 You're pulling your punches a bit. Certain individuals are not getting the hard ride they clearly deserve. Allow yourself to get angry, even if it's mainly an act. Others will respect you more if they think you are serious.

♒ Aquarius Jan. 21-Feb. 18 If something you value goes out of your life today don't get too upset about it, because it is making space for something even more valuable to come in.

♓ Pisces Feb. 19-March 20 You'll be in a generous mood as the new week begins, eager to share your own good fortune with those you live and work with. But keep a little in reserve. You know how quickly things can change. SALLY BROMPTON

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Caption contest

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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07 Escape XLT

- AWD, Load A/C, Auto
- st: 31661
- km: 111184

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07 Freestyle SEL

- Load, A/C
- st: 31543
- km: 64104

$14,920
$136** Bi-weekly

07 Mazda CX-7 GS

- Load, A/C, Auto, Roof
- st: 31015
- km: 62338

$16,620
$164** Bi-weekly

06 Jeep Liberty

- 4WD, Load, A/C, Auto
- st: 31321
- km: 70173

$12,780
$135* Bi-weekly

10 Camry LE

- Load, A/C, Auto
- st: 31289
- km: 54339

$17,950
$145*** Bi-weekly

08 Outback

- AWD, Load, A/C, Auto
- st: 29542
- km: 71567

$21,650
$190** Bi-weekly

07 Equinox LS

- Utility, Load, A/C
- st: 31723
- km: 55739

$13,620
$124** Bi-weekly

08 Tribute GX

- Load, A/C, Auto
- st: 29529
- km: 54908

$17,950
$164** Bi-weekly

07 Ford Edge SEL

- AWD, Load, A/C, Lthr
- st: 29315
- km: 100986

$18,850
$172** Bi-weekly

08 Saturn Vue XE

- Utility, Load, A/C, Auto
- st: 31722
- km: 38786

$14,860
$135** Bi-weekly

10 Sentra Xtronic CVT

- Load, A/C, Auto
- st: 31218
- km: 37455

$13,950
$113*** Bi-weekly

07 Accord SE

- Load, A/C, Auto, Roof
- st: 31637
- km: 91105

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09 Odyssey LX

- Load, A/C
- st: 31368
- km: 64091

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06 Outlander LS

- 4WD, Load, A/C, Std
- st: 31710
- km: 97898

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- Dual Sport, Mags
- st: 31712
- km: 70054

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$106** Bi-weekly

07 Civic LX Coupe

- Load, A/C
- st: 31494
- km: 91558

$9,470
$86** Bi-weekly

07 Calibre SXT

- Load, A/C
- st: 31750
- km: 102450

$7,890
$72** Bi-weekly

07 Mazda3

- Std
- st: 31752
- km: 73090

$8,250
$75** Bi-weekly

05 Echo RS

- A/C
- st: 31379
- km: 94609

$7,450
$79* Bi-weekly

08 Corolla CE

- Load, A/C, Auto, Roof
- st: 31502
- km: 82948

$10,750
$98** Bi-weekly

07 Ford Ranger Sport

- Load, A/C, Auto
- st: 31647
- km: 43721

$11,730
$107** Bi-weekly

07 Versa

- Load, A/C
- st: 31018
- km: 58297

$9,960
$91** Bi-weekly

07 Matrix

- Std
- st: 31443
- km: 91796

$8,850
$81** Bi-weekly

07 Saturn Aura

- st: 31699
- km: 86391

$9,660
$88** Bi-weekly

07 Mazda5 GS

- Load, A/C
- st: 31628
- km: 113646

$9,410
$86** Bi-weekly

06 Nissan X-Trail XE

- Utility, 4WD, Load
- st: 31392
- km: 97650

$10,950
$115** Bi-weekly

09 Mazda6 GS

- Load, A/C, Roof, Auto
- st: 31659
- km: 31204

$17,950
$145*** Bi-weekly

07 Uplander LS

- Load, A/C
- st: 31512
- km: 90245

$9,650
$88** Bi-weekly

07 Focus SE

- Load, A/C
- st: 31662
- km: 78401

$6,980
$64** Bi-weekly

09 Spectra LX

- Load, A/C, Auto
- st: 31179
- km: 55680

$9,980
$81*** Bi-weekly

07 Montana SV6

- Load, A/C
- st: 31570
- km: 60703

$9,370
$85** Bi-weekly

10 Journey

- Load, A/C
- st: 29473
- km: 20291

$18,850
$153*** Bi-weekly

07 Santa Fe GL

- Load, A/C, Auto
- st: 31312
- km: 92609

$14,970
$136** Bi-weekly

08 Pontiac G5

- A/C, Auto
- st: 29154
- km: 68276

$7,950
$72** Bi-weekly

06 Optra5

- A/C, Std
- st: 29115
- km: 57034

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$73** Bi-weekly

07 Vibe

- A/C, Auto
- st: 31504
- km: 97546

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$85** Bi-weekly

07 Yaris

- Auto
- st: 31636
- km: 83509

$8,350
$76** Bi-weekly

09 Gr. Caravan SE

- Stow-N-Go, Load, A/C
- st: 31695
- km: 28939

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$133*** Bi-weekly

09 Impala LS

- Load, A/C
- st: 28976
- km: 63031

$13,840
$112*** Bi-weekly

08 Tucson

- AWD, Load, A/C, Auto
- st: 11074-A
- km: 73767

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08 Toyota RAV4

- 4WD, Load, A/C, Auto
- st: 28373
- km: 54804

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10 Accent

- Load, A/C, Auto
- st: 31174
- km: 41740

$10,750
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07 Volvo S40

- Load, Auto
- st: 31705
- km: 87043

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08 Altima 3.5S

- Load, A/C, Auto
- st: 31555
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